

Redevelopment Project of the Hong Kong Sports Institute (HKSI)

The HKSI premises, located at Yuen Wo Road, Fo Tan, Sha Tin, were first built in early 1982. In his 2006-07 Policy Address, the Chief Executive announced the redevelopment of the HKSI to provide world-class training facilities to elite athletes in Hong Kong. A total of about \$1.8 billion had been granted for this purpose. Key milestones of the redevelopment project are highlighted below –

Date	Description
Oct 2006	The Chief Executive announced that the Government had earmarked funding to embark on the HKSI redevelopment.
Jun 2008	The Public Works Sub-Committee of Finance Committee of the Legislative Council endorsed the HKSI redevelopment project. The Finance Committee of the Legislative Council approved the funding for the main works of the Project.
Mar 2009	The Ground Breaking Ceremony, officiated by the Secretary for Home Affairs (SHA), was held at the HKSI Fo Tan venue, which marked the commencement of construction works of the redevelopment project. Phase one works, including the refurbishment of the existing Sports Complex and the construction of a temporary velodrome at Whitehead, are planned to complete in the first quarter of 2010.
Nov 2009	A site visit was arranged for the SHA, and members of the Sports Commission and Elite Sports Committee, where they were updated with the latest progress of the redevelopment project.
May 2010	Officiated by the SHA, the HKSI Soft Opening was held on 31 May 2010 at the HKSI Fo Tan venue, together with more than 100 guests from the Government, Sha Tin District Council, sports sector, sponsors, partners, elite athletes, coaches and media, to celebrate the soft opening of the HKSI and tour the upgraded and expanded facilities.
Jan 2011	The Chief Executive visited the HKSI headquarters at Fo Tan to view the upgraded facilities and understand progress of the construction works.
Jul 2011	The HKSI Redevelopment Project Foundation Stone Laying Ceremony, officiated by the Chief Executive, was held on 25 July.
Jun 2012	Officiated by the SHA, the HKSI New Sport Facilities Soft Opening was held on 22 June at the new Swimming Complex with more than 100 guests from the Government, sports sector and the media.
Jun 2013	The opening ceremony for training facilities of four elite sports at the HKSI, namely Rowing Centre, Squash Courts, Tenpin Bowling Centre and Wushu Hall, was held on 20 June. The ceremony was officiated by the Chief Secretary for Administration and attracted over 200 guests.

Overview of the Redeveloped HKSI Facilities



1. Sports Complex
2. Athletic Field
3. HKSI Main Building
4. Swimming Complex

5. Rowing Centre
6. Sports Complex Annex (Including Tenpin Bowling Centre, Wushu Hall & Squash Courts)
7. Tennis Courts (8 courts including 2 covered & 2 clay courts)

HKSI Main Building



➤ **Key features of the new building**

The HKSI Main Building will be the icon of the HKSI after Redevelopment. Standing as the tallest structure at the main entrance, it symbolises the growing dynamism of elite sports development in Hong Kong. It provides integrated facilities for elite sports administration, conferences for international exchanges, athletes' hostel and sports residence for visitors.

➤ **Functions and facilities**

The functions and facilities are as follows:

1. Offices and Board Room
2. Lecture Theatre with 400 seats and activity rooms
3. Staff and Athletes Canteen for 400 people
4. Athletes' Hostel for 370 athletes
and Sports Residence for 148 visitors
5. Covered car-park for 216 cars

➤ **Points to note**

The following environmental protection and energy saving measures are adopted in the design of the new building:

1. Solar panels are installed for energy saving.
2. Rainwater will be collected for recycling.
3. Green rooftop will reduce heat absorption and enhance the environment.

Sports Complex Annex



➤ **Key features of the new building**

The Sports Complex Annex provides brand-new international-standard facilities to enhance the performance of the Hong Kong athletes in wushu, bowling and squash. It is designed as an integral part of the existing Sports Complex. Now, all the elite training facilities for elite sports are housed under one roof.

➤ **Functions and facilities**

The new building accommodates:

1. **Tenpin Bowling Centre** (L1)

- Size: 1,245 sq. m.
- 12 lanes
- 2 types of most commonly used alleys in international competitions – AMF and Brunswick
- A video and motion analysis system for elite training
- A bowling workshop for tailor-made balls for elite athletes and maintenance

2. **Wushu Hall** (L3)

- Size: 1,454 sq. m.
- 4 big wushu mats to provide quality cushioning for athletes
- 100-seat spectator stand on L3M
- Large scoreboard for international competitions

3. **Squash Courts** (L3M)
 - 4 squash courts for singles
 - Convertible to 3 doubles courts
 - Moveable wooden stands outside the court to provide seat and storage
4. **Multi-purpose Sports Training Venue** (L1)
 - Size: 213 sq. m.
5. Offices and a meeting room

➤ **Points to note**

The new bowling centre in the Sports Complex Annex is the only venue specially designed for elite training in Hong Kong. It provides two types of most commonly used bowling alleys, i.e. AMF and Brunswick, and facilitates training athletes to suit different venues in international competitions. The bowling centre is fitted with a video and motion analysis system for elite training purposes.

Rowing Centre



➤ **Key features of the new building**

The Rowing Centre is a low-rise two-storey building standing amidst the greenery of the Shing Mun Riverside and blending in harmony with the surrounding scenery. The building is connected with the other facilities by a covered elevated walkway which runs all the way to the Sports Complex.

➤ **Functions and facilities**

The functions and facilities include the following:

1. Storage for rowing boats
 - Capacity: Approximately 140 boats
 - All the boat racks are adjustable horizontally and vertically to accommodate different sizes of boat.
2. Workshop for repair, maintenance and rigging of rowing boats
3. Fitness Training Room
 - Advanced dynamic rowing machines can simulate the on-water rowing action and body sequences.
 - 3 recovery rooms in the training room
4. Semi-covered stretching area and observation deck on rooftop
5. Offices and a meeting room

➤ **Points to note**

The new building provides a one-stop service for athlete training and analysis, boat storage and maintenance workshop, as well as administration for elite training. A viewing tower is located on rooftop facing the Shing Mun River, providing an unobstructed observation point for the training activities in the River.

Swimming Complex



➤ **Key features of the new building**

The Swimming Complex is clad in an envelope of inward sloping glass walls and topped by wide overhanging eaves. The interior space is open and airy, giving an impetus to physical movement and release of energy. Here, athletes will be assimilated to the similar environment of international competitions. The new 52m swimming pool will be connected with the refurbished existing 25m swimming pool to form an integrated swimming complex.

➤ **Functions and facilities**

The functions and facilities consist of the following:

1. An indoor 52m swimming pool which can be used as a 50m international standard pool or divided into two 25m pools by a movable bulk head
2. Installed with under-water observation windows in operation with a video analysis system.
3. Marshall areas around the pool
4. Spectator stands on each side for total 1,500 seats
5. Offices and meeting rooms

➤ **Points to note**

The new indoor 52m swimming pool is the first swimming pool specially designed for elite training in Hong Kong. The pool is provided with under-water observation windows in operation with a video analysis system for training and analysis purposes.