

Keynote Speaker of the 16th ISSP World Congress of Sport Psychology

Professor Costas I. Karageorghis

- Professor in sport and exercise psychology, Division of Sport, Health and Exercise Sciences, Department of Life Sciences, College of Health, Medicine and Life Sciences, Brunel University London, UK
- Author of two textbooks and a study guide (all with Human Kinetics), 15 book chapters, 110 peer-reviewed journal articles and 120 professional papers in sport and exercise psychology
- Presently working on multi-modal interventions in physical activity that entail the use of music, video images, virtual/augmented reality and visual primes



Keynote topic

- Exercise Psychology

Research interests

- Psychological, psychophysiological and neurophysiological effects of music in exercise and sport
- Audiovisual-related technological applications in exercise and physical activity

Experience

- Extensive leadership in sport and exercise sciences—Divisional Lead at Brunel University London overseeing research and teaching (2018–2022), Deputy Head of School–Research (2009–2014) overseeing preparations for REF2014 across two subject areas
- Successful research profile with 26 grants (inc. ESRC as a PI), innovative work on music and emotions in sport/exercise and simulated driving, highly cited publications
- Experienced applied practitioner working with athletes and governing bodies in multiple sports (athletics, tennis, rugby union, canoeing, field hockey), and on major international projects that fuse music, tech and sport (e.g. Nike PSA, IMG Run to the Beat musical half-marathons, Red Bull Performance Track, AIR: Audio-Inspired Running, Weav Music)
- Released 10 commercial CDs/playlists for the exercise market with music companies
- Delivered keynote speeches and invited presentations all over the world, including a public lecture at the Library of Congress in Washington, DC, USA