

Keynote Speaker of the 16th ISSP World Congress of Sport Psychology

Professor Cindy Hui-ping SIT

- Chairperson and Professor, Department of Sports Science and Physical Education, The Chinese University of Hong Kong
- President of International Federation of Adapted Physical Activity (IFAPA)
- Has published more than 140 scientific papers in the areas of adapted physical activity, exercise science and public health



Keynote topic

- Exercise Psychology for Special Populations

Research interests

- Physical activity and sedentary behaviour of children with disabilities or special educational needs (SEN)
- Adapted physical activity and school-based interventions

Experiences

- Fellow of international federations (International Federation of Adapted Physical Activity-IFAPA, Asian Society for Adapted Physical Education and Exercise-ASAPE, and Hong Kong Association of Sports Medicine and Sports Science-HKASMSS) related to adapted physical activity, exercise, and sports science
- Directs research lab focused on physical activity motivation and interventions for children with disabilities or SEN
- Serves in editorial roles for international journals (e.g., Adapted Physical Activity Quarterly, Archives of Public Health, International Journal of Behavioral Nutrition and Physical Activity, Journal of Exercise Science & Fitness) and several academic/government committees related to physical education, sports, and curriculum development in Hong Kong