

Types of Support and Services Available at The Hong Kong Sports Institute (“HKSI”) for Elite Athletes
香港體育學院 (“體院”) 提供予精英運動員之各項支援及服務

(Updated in April 2018)

Category of Athletes 運動員類別		Elite Sports Scholarship Athletes 精英項目獎學金運動員			Other Elite Athletes 其他精英運動員		Athletes with Disabilities 殘疾運動員 (Note 2)	
		Elite/Junior/ Secondary Student 精英/青少年/中學生		Potential 潛質 (+10hr/wk) 每週10小時+	IASS Athletes “個別精英運動員 資助計劃” 運動員 (Note 1)	SAG Athletes 體育訓練資助運動員	Elite 精英	Potential 潛質 (+5hr/wk) 每週5小時+
		Full-time/Cat. 1 全職 /類別一	Part-time /Cat. 2 兼職 /類別二					
Financial Support 財政資助								
1.	Direct Financial Support Schemes to Athletes 對精英運動員的直接財政資助							
	a) Elite Training Grant 精英訓練資助	✓	✓		✓			
	b) Sports Aid Grant 體育訓練資助					✓		
	c) Sports Aid Grant for Athletes with Disabilities 殘疾人士體育訓練資助						✓	
	d) Individual Athletes Support Scheme (Programmes) 個別精英運動員資助計劃 (訓練經費)				✓			
2.	Hong Kong Athletes Fund 香港運動員基金							
	a) Education Grant 教育資助	✓	✓	✓	✓	✓	✓	✓
	b) Elite Athletes Performance Recognition Scheme 精英運動員優秀表現嘉許計劃	✓			✓			
3.	Incentive Awards for Major Games 優秀運動員獎勵計劃	✓	✓	✓	✓	✓	✓	✓
4.	Outstanding Junior Athletes Awards 傑出青少年運動員選舉	✓	✓	✓	✓	✓	✓	✓
Training and Competition Support 訓練及比賽支援								
5.	Coaching 教練	✓	✓	✓	✓*		✓*	✓*
6.	Local Training 本地訓練	✓	✓	✓	✓*		✓*	✓*
7.	Overseas Training and Competitions 海外訓練及比賽	✓	✓		✓*		✓*	
8.	Equipment / Sports Gear 運動裝備 / 用具	✓	✓		✓*		✓*	
9.	Accident, Life, Travel and Medical Insurance (Full Scheme) 意外、旅遊、人壽及醫療保險	✓	✓		✓		✓**	
10.	Travel and Accident 旅遊、意外保險			✓				✓
11.	Use of Training Facilities Available at HKSI 使用體院現有的訓練設施	✓	✓	✓	✓		✓**	✓
12.	Sports Science / Sports Medicine 運動科學 / 運動醫學	✓	✓		✓		✓**	
13.	Strength and Conditioning 體適能訓練	✓	✓	✓(Note 3)	✓		✓**	✓(Note 3)

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Type of Support / Services 支援/服務項目		Athlete Education and Lifestyle Support 運動員教育及生活支援						
14	Education/Personal /Development Guidance 教育/個人發展輔導	✓	✓		✓		✓**	
15	Tutorial Support 學習支援	✓	✓		✓		✓**	
16	Athletes' Education Subsidy 教育津貼	✓	✓		✓		✓**	
17	Lam Tai Fai College Partnership School Programme for Senior Secondary Education 林大輝中學夥伴學校計劃（高中教育）	✓	✓		✓	✓ (For Tier B Sports only 只限B級支援精英體育項目)	✓	
	English Schools Foundation Partnership School Programme for Senior Secondary Education 英基學校協會夥伴學校計劃（高中教育）	✓			✓ (Full-time athletes only 只限全職運動員)		✓ (Full-time athletes only)	
18	Nomination of full-time athletes for admission application for Study Programmes at Universities (signed MOU with HKSI) 提名運動員申請入讀大學課程（已與體院簽備忘錄）	✓			✓ (Full-time athletes only 只限全職運動員)		✓ (Full-time athletes only)	
19	Athletes Hostel 運動員宿舍	✓			✓*		✓*	
20	Athlete Development Programme 運動員發展計劃	✓	✓	✓	✓		✓**	✓
21	Social/Welfare Activities/Programme 社交/福利活動	✓	✓	✓	✓		✓**	✓
22	Elite Coaching Apprenticeship Programme 精英教練工作體驗計劃	✓						
23	Meals 膳食	✓	✓		✓*		✓*	
24	Car parking at HKSI 體院停車場	✓	✓	✓	✓		✓**	✓

Note 1: IASS = Individual Athletes Support Scheme: Athletes of Olympic Games or Asian Games Sports (Except Tier A* and Tier A Sports) and secondary disciplines of Tier A* and Tier A Sports achieving Point 3-level or above according to the Elite Vote Scoring Table, are eligible to receive an annual programme funding (through the respective NSAs) to support the items marked with an “*” above.

個別精英運動員資助計劃: 根據精英資助評分表, 奧運會及/或亞運會項目(A*級及A級精英體育項目除外) 或 A*級及A級精英體育項目的非主流項目的運動員如取得3分或以上便符合此項計劃的資助資格, 每年可獲一筆訓練撥款(透過所屬體育總會), 用作以上有“*”號的項目開支。

Note 2: Athletes with disabilities of identified sports are supported under the “Elite Training Programme for Athletes with Disabilities” in which an annual funding will be provided to the Disability Sports NSAs to support the items marked with an “*” above.

HKSI Elite Sports Scholarship Athletes also receive support for the items marked “**” above.

指定項目的殘疾運動員可透過體院每年撥款給其所屬體育總會的“殘疾運動員精英培訓計劃”, 得到以上有“*”號的支援/服務。

體院獎學金精英運動員可獲「**」項目支援。

Note 3 Potential Athletes can only use the Strength & Conditioning facilities under a structured programme agreed and supervised by sports specific Coaches and Strength & Conditioning Coaches

潛質運動員在有系統訓練計劃內並獲所屬運動項目教練及體適能訓練教練同意及監測下, 可享用體適能訓練設施。