

Types of Support and Services Available at The Hong Kong Sports Institute (“HKSI”) for Elite Athletes
香港體育學院 (“體院”) 提供予精英運動員之各項支援及服務

(Updated in February 2021)

| Type of Support / Services 支援/服務項目 | Category of Athletes 運動員類別 | Tier A Sports Scholarship Athletes A級精英項目獎學金運動員 | | | Other Elite Athletes 其他精英運動員 | | Tier A Sports (Para-Sports) Scholarship Athletes A級精英項目獎學金 (殘疾人運動) 運動員 | | | Other Para-Sports Elite Athletes 其他精英殘疾人運動員 | | | |
|---|---|--|-------------------------------------|--|---|----------------------------------|---|------------------------------|--|--|--|------------------------------|--|
| | | Elite/Junior/ Secondary Student 精英/青少年/中學生 | | Potential 潛質 (+10hr/wk 每週10小 時+) (For Tier A only (只適用於A級精 英體育項目)) | IASS Athletes “個別精英運動 員資助計劃” 運動員 (Note 1) | SAG Athletes 體育訓練資助 運動員 | Full-time 全職 (Note 2) | Part-time 非全職 (Note 2) | Potential 潛質 (+8hr/wk) 每週8小 時+ | IASS Athletes “個別精英 運動員資 助計劃” 運動員 (Note 1) | Tier B Sports (Para-Sports) Athletes B級精英項目 (殘疾人運動) 運動員 | | SAGD Athletes 殘疾人體 育訓練資 助運動員 |
| | | Full-time /Cat. 1 全職 /類別一 | Part-time /Cat. 2 非全職 /類別二 | | | | | | | | Full-time 全職 (Note 2) | Part-time 非全職 (Note 2) | |
| Financial Support 財政資助 | | | | | | | | | | | | | |
| 1 | Direct Financial Support Schemes to Athletes 對精英運動員的直接財政資助 | | | | | | | | | | | | |
| | a) Elite Training Grant 精英訓練資助 | ✓ | ✓ | | ✓ | | | | | | | | |
| | b) Elite Training Grant with Disabilities 殘疾人精英訓練資助 | | | | | | ✓ | ✓ | | ✓ | ✓ | ✓ | |
| | c) Sports Aid Grant 體育訓練資助 | | | | | ✓ | | | | | | | |
| | d) Sports Aid Grant for Athletes with Disabilities 殘疾人體育訓練資助 | | | | | | | | | | | | ✓ |
| | e) Individual Athletes Support Scheme (Programme funding) 個別精英運動員資助計劃 (訓練經費) | | | | ✓ | | | | ✓ | | | | |
| 2 | Hong Kong Athletes Fund 香港運動員基金 | | | | | | | | | | | | |
| | a) Education Grant 教育資助 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| | b) Elite Athletes Performance Recognition Scheme (for full-time retired athletes) 精英運動員優秀表現嘉許計劃 (只適用全職退役運動員) | ✓ | | | ✓ | | ✓ | | ✓ | ✓ | | | |
| 3 | Incentive Awards for Major Games 優秀運動員獎勵計劃 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 4 | Outstanding Junior Athlete Awards 傑出青少年運動員選舉 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 5 | Elite Athlete Subsidy Scheme for Coach Education Courses 精英運動員資助計劃 (教練培訓課程) | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | | |
| Training and Competition Support 訓練及比賽支援 | | | | | | | | | | | | | |
| 6 | Coaching 教練 | ✓ | ✓ | ✓ | ✓* | | ✓** | ✓** | ✓** | ✓* | ✓** | ✓** | |
| 7 | Local Training 本地訓練 | ✓ | ✓ | ✓ | ✓* | | ✓** | ✓** | ✓** | ✓* | ✓** | ✓** | |
| 8 | Overseas Training and Competitions 海外訓練及比賽 | ✓ | ✓ | | ✓* | | ✓** | ✓** | | ✓* | ✓** | ✓** | |

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| | | Elite/Junior/ Secondary Student 精英/青少年/中學生 | | Potential 潛質 (+10hr/wk 每週10小時+) (For Tier A only (只適用於A級精英體育項目)) | IASS Athletes “個別精英運動員資助計劃” 運動員 (Note 1) | SAG Athletes 體育訓練資助 運動員 | Full-time 全職 (Note 2) | Part-time 非全職 (Note 2) | Potential 潛質 (+8hr/wk) 每週8小時+ | IASS Athletes “個別精英運動員資助計劃” 運動員 (Note 1) | Tier B Sports (Para-Sports) Athletes B級精英項目 (殘疾人運動) 運動員 | | SAGD Athletes 殘疾人體育訓練資助 運動員 |
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| 9 | Equipment / Sports Gear 運動裝備 / 用具 | ✓ | ✓ | | ✓* | | ✓** | ✓** | | ✓* | ✓** | ✓** | |
| 10 | Accident, Travel and Life Insurance 意外、旅遊及人壽保險 | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | | |
| 11 | Medical Insurance 醫療保險 | ✓ | ✓ | | ✓ | | ✓ | ✓ | | | | | |
| 12 | Use of Training Facilities Available at HKSI 使用體院現有的訓練設施 | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | | |
| 13 | Meals 膳食 | ✓ | ✓ | | ✓* | | ✓** | ✓** | | ✓* | | | |
| 14 | Sports Science / Sports Medicine 運動科學 / 運動醫學 | ✓ | ✓ | | ✓ | | ✓ | ✓ | | ✓ | | | |
| 15 | Strength and Conditioning 體適能 | ✓ | ✓ | ✓ (Note 3) | ✓ | | ✓ | ✓ | ✓ (Note 3) | ✓ | | | |
| Athlete Education and Lifestyle Support 運動員教育及生活支援 | | | | | | | | | | | | | |
| 16 | Athlete Development Programme 運動員發展計劃 | ✓ | ✓ | | ✓ | | ✓ | ✓ | | ✓ | | | |
| 17 | Education / Personal Development Guidance 教育/個人發展輔導 | ✓ | ✓ | | ✓ | | ✓ | ✓ | | ✓ | | | |
| 18 | Tutorial Support 學習支援 | ✓ | ✓ | | ✓ | | ✓ | ✓ | | ✓ | | | |
| 19 | Elite Athletes Continuing Education Subsidy 精英運動員進修資助 | ✓ | ✓ | | ✓ | | ✓ | ✓ | | ✓ | | | |
| 20 | Lam Tai Fai College Partnership School Programme Admission Application (Senior Secondary Education) 林大輝中學夥伴學校計劃入學申請 (高中教育) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| | English Schools Foundation Partnership School Programme Admission Application (Senior Secondary Education) for full-time athletes 英基學校協會夥伴學校計劃入學申請 (高中教育) (只適用全職運動員) | ✓ | | | ✓ | | ✓ | | | ✓ | | | |
| 21 | Nomination for Admission Application to local tertiary institutions established with MOU with HKSI for full-time athletes 提名申請報讀已與體院簽署合作備忘錄之大專院校 (只適用全職運動員) | ✓ | | | ✓ | | ✓ | | | ✓ | | | |
| 22 | Athlete Hostel for full-time athletes 運動員宿舍 (只適用全職運動員) | ✓ | | | ✓ | | ✓ | | | ✓ | | | |

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| 23 | Social / Welfare Activities / Programme for full-time resident athletes 宿舍社交/福利活動 (只適用住宿全職運動員) | ✓ | | | ✓ | | | | ✓ | | | | |
| 24 | Elite Athletes Work-experience Programme for full-time athletes 精英運動員工作體驗計劃 (只適用全職運動員) | ✓ | | | | | | | ✓ | | | | |
| 25 | Car parking at HKSI 體院停車場 | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | | |

Note 1: IASS = Individual Athletes Support Scheme: Athletes of Olympic/Asian Games or Paralympic/Asian Para Games Sports, who are not supported under Tier A sports and achieve Point 3-level or above according to the Elite Vote Scoring Table, are eligible to receive an annual programme funding (through the respective NSAs) to support the items marked with an “*” above.

個別精英運動員資助計劃: 根據精英資助評分表, 非「A級」精英體育及其項目為奧運會/亞運會/殘奧會/亞殘會項目的運動員如取得3分或以上便符合此項計劃的資助資格, 每年可獲一筆訓練撥款(透過所屬體育總會), 用作以上有“*”號的項目開支。

Note 2: Funding under Tier A/Tier B sports (Para Sports) will be provided to the Para Sports NSAs to support the items marked with an “**” above.

A級精英項目/B級精英項目資助可透過體院撥款給其所屬體育總會, 用作以上有“**”號的支援/服務。

Note 3: Potential Athletes can only use the Strength & Conditioning facilities under a structured programme agreed and supervised by sports specific Coaches and Strength & Conditioning Coaches

潛質運動員須在有系統訓練計劃下, 獲所屬運動項目教練及體適能教練同意及監察, 方可享用體適能訓練設施。